



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dear Mary W. Sierra Family YMCA Members,

We’re excited to welcome you to the Mary W. Sierra Family YMCA! Our phased has begun with spaces, programs and services becoming available gradually over the first 10 days.

This phased approach gives our team an opportunity to ensure our facilities, programs and operations are ready to provide the experience you expect from the Y; a place where everyone can learn, grow and thrive. During this time, you may also see team members and vendors completing final setup and finishing touches throughout the facility.

What to Expect During Our Phased Opening

Tuesday, September 22 | Open–8:00 p.m.

- Welcome Center opens for membership sales, program registration and general information

Wednesday, September 23 | 6:00 a.m.–8:00 p.m.

- Welcome Center opens and facility tours begin

Thursday, September 24

- Welcome Center: 5:00 a.m.–8:30 p.m.
- Wellness Center & Gymnasium: 12:00 p.m.–8:30 p.m.

Friday, September 25

- Wellness Center & Gymnasium: 5:00 a.m.–8:30 p.m.
- Lap Pool: 12:00 p.m. –7:30 p.m. for lap swimming only

Saturday, September 26

- Center Open:7:00 a.m.–6:00 p.m.
- Lap Pool: Open for lap swimming only

Sunday, September 27

- Center open during regular operating hours 8:00 a.m.–5:00 p.m.
- Family Pool: Open 12:00 p.m.–4:00 p.m. & Lap Pool: 8:30 p.m.–4:30 p.m.
- Stay & Play: Open from 8:45 a.m.–12:00 p.m.

Monday, September 28

- Center opens at 12:00 p.m.–9:30 p.m.
- Family Pool: Open 4:00 p.m.–7:00 p.m. & Lap Pool: 12:00 p.m.–8:00 p.m.
- Therapy Pool: Opens hours to be announced
- Stay & Play open from 4:00 p.m. –8:00 p.m.
- Group ex classes phased in

Mary W. Sierra Family YMCA Regular Operating Hours

Monday–Thursday: 5:00 a.m.–9:30 p.m.

Friday: 5:00 a.m.–8:30 p.m.

Saturday: 7:00 a.m.–6:00 p.m.

Sunday: 8:00 a.m.–5:00 p.m.

Stay Up to Date!

As we move through our phased opening, schedules and offerings may be adjusted as we learn more about the needs and usage patterns of the Wesley Chapel community. We’ll also continue adding classes, programs and opportunities as we grow.

For the most up-to-date pool, gym, Stay & Play and Group Exercise schedules, please visit the [Mary W. Sierra webpage](#), view our [online group exercise schedule](#) online and/or download and check out our YMCA360 app. Because schedules may change, we encourage you to check online or in the app before your visit. Visit <https://tampaymca.org/text-alerts> to sign up for text alerts to stay informed about program and weather updates.

Thank you for your patience, excitement and support as we open the doors to the Mary W. Sierra Family YMCA. We’re thrilled to welcome you to your new Y and look forward to building this community together.

See you at the Y,

The Mary W. Sierra Family YMCA Team