

SPURLINO FAMILY YMCA GYMNASIUM SCHEDULE

North Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult/AOA Pick-Up 5-9am	Group Exercise 6-9am	Adult/AOA Pick-Up 5-9am	Group Exercise 6-9am	Adult/AOA Pick-Up 5-9am		
Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Youth Sports 7:30am-6pm	Adult/AOA Pick-Up 8-10am
Family Open Gym 2-3:30pm	Family Open Gym 2-3:30pm	Family Open Gym 2-3:30pm	Family Open Gym 2-3:30pm	Family Open Gym 2-3:30pm		Family Open Gym 10am-12pm
Teen Open Gym 3:30-5:30pm	Teen Open Gym 3:30-5:30pm	Teen Open Gym 3:30-5:30pm	Teen Open Gym 3:30-5:30pm	Teen Open Gym 3:30-5:30pm		Pickleball 12-3pm
Youth Sports 5:30-8:30pm	Youth Sports 5:30-8:30pm	Youth Sports 5:30-8:30pm	Youth Sports 5:30-8:30pm	Youth Sports 5:30-8:30pm		Teen Open Gym 3-5 pm
Adult Sports 8:30-9:30pm	Adult Sports 8:30-9:30pm	Adult Sports 8:30-9:30pm	Adult Sports 8:30-9:30pm	Adult Sports 8:30-9:30pm		

South Court

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Member Open (A) Small Group (B) 5-9am		Member Open (A) Small Group (B) 5-9am		Member Open (A) Small Group (B) 5-9am		
Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Pickleball 9am-2pm	Youth Sports 7:30am-6pm	Pickleball 12-3pm
Preschool Family Open 2-4pm	Preschool Family Open 2-4pm	Preschool Family Open 2-4pm	Preschool Family Open 2-4pm	Preschool Family Open 2-4pm		
Youth Sports 4-9pm	Youth Sports 4-9pm	Youth Sports 4-9pm	Youth Sports 4-9pm	Youth Sports 4-9pm		

A portion of our basketball courts will be available at all times.

SCHEDULE NOTES:

Member Open Gym - At least one side of the court will be designated for open gym usage during all hours of operation—over 101 hours a week.

Adult/Senior Pick-Up - One side of the court will be designated for adult pick-up basketball while the other is for AOA pick-up basketball.

Adult Sports - Organized adult sport league play format featuring basketball, volleyball and pickleball.

Preschool Family Open - A variety of games and kid friendly equipment will be set up for the whole family to enjoy.

Family Programming - A fun family event designed to bring families together every Friday at the Y.

Group Exercise - Various group exercise classes will be offered to meet the growing need of our center.

Homeschool - Educational program with exciting curriculum options where kids can make new friends through socialization, physical education and learning.

Pickleball - Open pickleball play available on six indoor courts with beginner, intermediate and advanced play. Introductory training sessions will also be available.

Small Group Training - Work out with friends or make new ones with our small group training classes led by our certified personal trainers.

Teen Open - Pick-up basketball available for members ages 13-17.

Youth Sports - Recreation youth sports leagues for ages 4-17, focusing on development, sportsmanship and teamwork—developing the player and the individual. Program include: basketball, volleyball and pickleball. Soccer and flag football are offered on sports fields.